



Disability Living Allowance

Help with personal care

The rate you get depends on the amount of attention or supervision you need, and the type of attention or supervision you need, for example you may need

- someone to keep an eye on you to keep you safe
- help with personal care like washing, dressing, using the toilet
- help to communicate with other people
- encouragement to do things

There are 3 rates of the CARE Component

LOW RATE - you can get the low rate if:

you cannot prepare a cooked main meal for yourself if you have everything you need (only applied to 16 and over)

or, you have personal care needs for a significant portion of the day

MID RATE - you can get the mid if:

you have frequent or prolonged personal care needs during the day

or, you have frequent or prolonged personal care needs during the night

or, need continual supervision to keep you safe during the day

or, you require watching over to keep you or others safe at night

HIGH RATE - you can get the higher rate if

you have personal care needs for a significant portion of the day **and** night

or, need continual supervision to keep you safe during the day **and** you require watching over to keep you or others safe at night

Help with getting around

The rate you can get depends on the amount of help you need and the sort of help you need. If you need someone to tell you, remind you or encourage you to do things it depends on how much they need to do this

There are 2 rates

LOW RATE – you can get the lower rate if

you need someone with you to make sure you are safe

HIGH RATE - you can get the higher rate if

you are unable to walk

or, your ability to walk outdoors is so limited by

distance

speed

length of time taken

manner in which you walk without severe discomfort, that you are virtually unable to walk

or, the effort of walking presents a danger to your life, or would lead to a serious deterioration of your health

or, you have no legs or feet

or, you are both deaf and blind and unable to walk without assistance from another person

or, you are entitled to high rate care and severely mentally impaired with extremely disruptive and dangerous behavioural problems

Weekly payment rates:

CARE

Low rate £18.65

Middle rate £47.10

High rate £70.35

MOBILITY

Low rate £18.65

High rate £49.10